

ALL ORGANIC • ALL LOCAL

We source **FOOD** from **FARMS** who grow food the way your grandparents knew + grew food.

LOCAL PRODUCE

Carrots, 2# 5.

Root Veggie Roasting Medley, 2.5# 8.

DAIRY + EGGS

Eggs, 1 dozen 4.5

Cheese Curds, Cosmic Wheel, 1# 13.

Lyra Cheese, Cosmic Wheel, 8 oz. 12.

Sliced Swiss Cheese, Rochdale, 10 oz. 5.

Sliced Smoked Cheddar, Rochdale, 10 oz. 5.

Feta, Nordic Creamery, 6 oz. 5.

Crystal Ball Whole Milk, ½ gallon 6.5

(return glass jug for \$2 back)

Cream, pint 5.75

Yogurt, 24 oz. 5.5

Sour Cream, Kalona, 24 oz. 4.5

MEAT

Ground Pork, Roosterhaven Farm, 1# 8.

Summer Sausage, Peterson's, 16 oz. 15.

Goat Snack Sticks, Cylon Rolling Acres, 5 oz. 5.

Smoked Ham, Peterson's, sliced 1# 9.

Sugar-cured Smoked Salmon, Bodin's, 1# 15.

Pork Chops, Peterson's, *market price*

Beef Tenderloin Steak, Peterson's, 6 oz. 10.

Ribeye Steak, Peterson's, 12 oz. 12.

Ground Beef, Peterson's, 1# 7.

Thick-Cut Bacon, Peterson's, 1# 10.

Bacon Ends, Blackbrook Farm, 12 oz. 8.

Cooking Fat: Tallow, 1# 5.

FILL YOUR FREEZER MEAT BOX SPECIAL:

Two twelve-ounce Peterson's ribeyes; two six-ounce Peterson's tenderloins; two Peterson's chops; one pound of Peterson's bacon; one pound of Blackbrook bacon ends; two pounds of Peterson's ground beef; one package of Blackbrook wild rice cheddar brats; and one pound of Roosterhaven ground pork. Retail value of \$100—get it for \$90!

COFFEE

Farmer to Farmer Coffee, 12 oz. whole bean 12.

Decaf
Light Roast
Medium Roast
Dark Roast
French Roast

LOCAL TEA

Red Clover Herbal Apothecary, 1.5 oz. 12.

Cold Season
Back Porch
Blossoms of Health
Tulsi, Spearmint, & Lavender
Tulsi, Peppermint, & Rose
Gray Duck Chai, 32 oz. 9.

WELLNESS TONICS

Fire Tonic, Fierce Ferments 15.
Elderberry Syrup, Red Clover 20.

TO ORDER:

VISIT online
farmtablefoundation.org

CALL us
715.268.4500

STOP in
110 Keller Ave. N, Amery, WI

BAKING

Yeast, 1 oz. 2.
Sunrise Cornmeal, 1.5# 8.
Sunrise Heritage Whole Wheat Flour, 2.5# 12.
Sunrise White Flour, 2.5# 12.
Sunrise Whole Wheat Pastry Flour, 2.5# 12.
Sunrise Heritage Bread Blend, 2.5# 12.

PANTRY

Local Wild Rice, 1# 18.
Sunflower Oil, Century Sun, 16 oz. 13.
Soler Romero Organic Olive Oil, Spain, 16.9 oz. 15.
Beez Kneez Honey, 18 oz. 12.
Beez Kneez Honey, 46 oz. 24.
Z-Orchard Maple Syrup, quart 18.
Z-Orchard Maple Syrup, pint 15.
Sunrise 7-Grain Pancake & Waffle Mix, 2.5# 12.
Sunrise Oat Cereal, 2# 12.
Farm Table Butter Crackers, 4 oz. 3.5
Farm Table Vanilla Maple Granola, 12 oz. 7.
Farm Table Cashew Nut Crunch, pint 6.
Farm Table Cinnamon Sugar Pumpkin Seeds 3.
Farm Table Garlic Chili Pumpkin Seeds 3.
Vanilla Extract, 2 oz. 12.
Beez Kneez Creole-Style Mustard 7.
Beez Kneez Düsseldorf Hot Mustard 7.
Dried Shiitakes, Northwoods Mushrooms, .75 oz. 7.
Dried Mushroom Umami Blend, Northwoods
Mushrooms, .75 oz. 7.



FARM TABLE

FOUNDATION
